

Send Bridal Shower Invitations to Eat, Drink and Be Merry

Weddings can be ridiculously expensive. It is as if couples lose sight of the real reason for the whole wedding, which is to celebrate their union. The once sweet and innocent bridal shower has even been infected with the materialism bug. Guests who receive [bridal shower invitations](#) often cringe at the thought of having to buy yet another gift for the same couple. Guests should look forward to a bridal shower, not feel a tug on their bank account.

As more and more couples these days are in their 30s when they get married, the bridal shower should not be about presents. It should be about celebration. Prospective brides now have an opportunity to throw great alternative bridal showers that their grandmothers most definitely were not allowed to. So get your thinking cap on and start brainstorming for the sake of the people who will receive those bridal shower invitations. I will give you some freebies, in case you need a jump start on the brainstorming.

Something involving food or wine will always make people happy. Send out bridal shower invitations to a wine tasting party. Your guests can taste and then choose the wine that will be downed at the wedding reception. Do the whole nine yards, by covering up labels and giving everyone comment cards. Another option is to have a "stock the wine cellar" party, in which everyone brings a bottle to stock your home collection. Have sharpie markers on hand, so guests can sign the bottles. Every time you and your husband open a bottle in the future, you will fondly remember the shower and the person who gave you the bottle.

Food and cooking can be the centerpiece of the party too. One idea is to have all the guests bring the recipe of their signature dish. Have a nice blank book at the party for everyone to mount their recipe in and have them add any comments on a page dedicated to that recipe. You will think of your loved ones and your shower for years to come as you make all the yummy recipes as a couple. If you have culinary geniuses in your circle of friends, you can go with something more advanced. Have your guests make an appetizer. Your guests vote on the best one via secret ballot (so no one will leave with hurt feelings). Serve the best hors doeuvre at the wedding reception by calling it by the guest who created it (The Sarah Simmered Stuffed Mushroom).

Send out the bridal shower invitations and let your guests eat, drink and be merry. Put your thinking cap on and come up with something different. You will be happy that you did not put pressure on anyone to buy you more gifts and will have fun appreciating the fact that your guests are there to help you celebrate.

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About the Author

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